

7.2.1	Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.
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7.2.1 THE FIRST BEST PRACTICE (30)

1. Title of the Practice :

BUDDHA, BASAVA, AMBEDKAR FORUM

The Forum is meant to propagate the Principles and Ideals of Buddha, Basava and Ambedkar. It aims to inculcate the spirit of Spiritualism of Buddha and Basava and Intellectual faculty of Dr. Ambedkar among students.

2. Objectives of the Practice.

- To convey the all time noble thoughts of Buddha, Basava and Ambedkar
- To inculcate the ideals of liberty, equality and fraternity among students
- To bring out the hidden talents of students
- To develop the competitive spirit among students
- To develop positive attitude among students towards the society
- To nurture the spirit of social justice among students
- To inculcate the values like patriotism, secularism, humanism and self reliance among students
- To develop an unquenchable thirst for knowledge among students
- To develop the dignity of labor among students
- To develop a constructive struggle among students against social and economical inequalities

3. The Context :

The dreams of Buddha, Basava Ambedkar are not completely fulfilled even after seven decades of independence. Dr. Ambedkar dreamt a society which should be free from all kinds of exploitations. However some section of the society in India are being exploited now and then. A number of evil practices are being taking place in our society. Such practices have become a hindrance to the nation becoming a developed country. Considering these sensitive issues the institution has established Buddha, Basava Ambedkar Forum. Constructive and Meaningful Programmes such as special lectures and cultural competitions are being organized under the Forum. As a result a tremendous change has come upon has in the thought process and attitude of the students. The Forum has enlightened the students to lead a meaningful and delightful life.

4. The Practice

The Constructive and meaningful programmes are being organized throughout the academic year under Buddha, Basava Ambedkar Forum. The Forum conducts inaugural functions, Four special lectures and cultural capitations in every academic year " Sarva Dharma Sammelana " is a unique programme in which the heads of all major religions are brought on the same stage. The spiritual heads of the each religion preach & address the students about the importance of religious belief in character building of the individuals. The heads emphasize on the fact that every religion makes men & women perfect human beings. The motto of all religions to respect the feelings of all human beings. The religious heads also motivate and inspire the students to be tolerant towards people of other religions. Such programmes have certainly helped the students to a great extent to develop the spirit of the unity in diversity among them.

Buddha Basava Ambedkar Forum hold four special lectures in each academic year. Two special lectures are arranged in each semester. Inaugural function is held at the beginning of every academic year whereas the valedictory function is held towards the end of every academic year. In valedictory session two days district level cultural competitions are being conducted. They are debate, elocution, reading self composed poems, singing competitions, quiz, essay writing etc. More than 100 students from Bidar district take part in the events. The winners of first, second and third places are facilitated with cash prize & certificates. In this way Buddha, Basava Ambedkar (Forum) has providing the best opportunity & vibrant platform to the students to expose their oral, writing and creative skills.

5. Evidence of Success

The Forum invites eminent personalities to deliver special lectures on the Life, achievement and contribution of Buddha, Basava and Ambedkar. The lectures are usually about Buddha Basava and Ambedkar's service to the world peace. All the three stand for liberty, equality and fraternity.

Every year the Forum conducts District Level Cultural Competitions on Debate, Prepared Speech, Extempore Speech, Essay Writing, Quiz on Buddha, Basava and Ambedkar, Songs and Self Composed Poems on Dr. Ambedkar and Folk/ Traditional Dance.

Students participate, watch and listen to the words and events of the Forum. This has brought about a great change in the behavior of students. The students have also improved their communication skills and creative power.

1. Special Lectures on 2015-16

S.No.	Speaker	Topic	Date
1.	Dr. Suman Pal, From Shrilanka	Buddhism and Universal Peace	
2.	Prof. H.T Pote Dept of Kannada G.U.Gulbarga	Life and Achievements of Mahatma Jyotiba Phule and Matoshri Savitribai Phule	

2. District level Competitions Organized during 2015-2016

2015-16

S.No.	Events	Teams and Number of Students	Date
1.	Elocution	Ambedkar & Prabhudha Bharat	
2.	Reading of self composed Poems	On Dr. Ambedkar-14	

6. Problems Encountered and Resource required to implement the practice.

The Forum wants to organize works shops and seminars at national level. It needs financial aids either from Government or NGO. Despite our proposals to the said organizations we have not received any financial aid. However we have organized the functions of the Forum successfully with the help of students and the management. Another problem we have encountered is non availability of intellectuals who are well versed on Buddha, Basava and Ambedkar.

SECOND BEST PRACTICE

1. Title of the Practice :

“ YOGA AND MEDITATION CLASSES FOR STUDENTS ”

Yoga Education helps in self discipline and self control leading to immense amount of awareness concentration and higher level of consciousness.

2. Goal : Objectives of the Practice.

1. To make aware about the benefits of Yoga and Meditation
2. To enable the student to have good health.
3. To maintain physical and mental hygiene.
4. To possess emotional stability.
5. To integrate moral value
6. To attend higher level of consciousness.
7. To maintain the Blood circulation and Respiratory System of body.

3. The Context :

As per the famous slogan “Sound Mind in Sound Body” it is very necessary to maintain the physical and mental fitness. Yoga and Meditation is the ancient process of Indian community for maintaining ones physical and mental fitness since the ages. As per the vision of Indian Government, the Prime Minister, Mr. Narendra Modiji also announced to practice the Yoga and meditation classes in the institutions. It is also beneficial for the blood circulation, respiratory system and intellectual growth of human beings. So it was decided in the IQAC meeting to conduct the Yoga and Meditation Classes in the institution. The responsibility of conducting Yoga and Meditation Classes is given to Physical Director of the institution.

4. The Practice:

Duration of the course is 30 hours. This course is provided free of cost. Ravindra. B. Khoba the assistant professor of Physical Education conducts these classes on regular basis. Different kinds of Asanas, pranayama, meditations are part of this course to give value addition education to the students.

The institution has a practice of morning prayer daily and mass assembly weekly. Literature, NSS, Yoga, Spoken English and such other training skills are being conducted in the institute.

Yoga trainings are conducted after completion of regular class hours on two hours per week. It is taught as certificate course.

Duration of the course is 30 hours.

This course is provided free of cost.

Ravindra. B. Khoba the assistant professor of Physical Education conducts these classes. Special classed are conducted by resource persons on occasional basis.

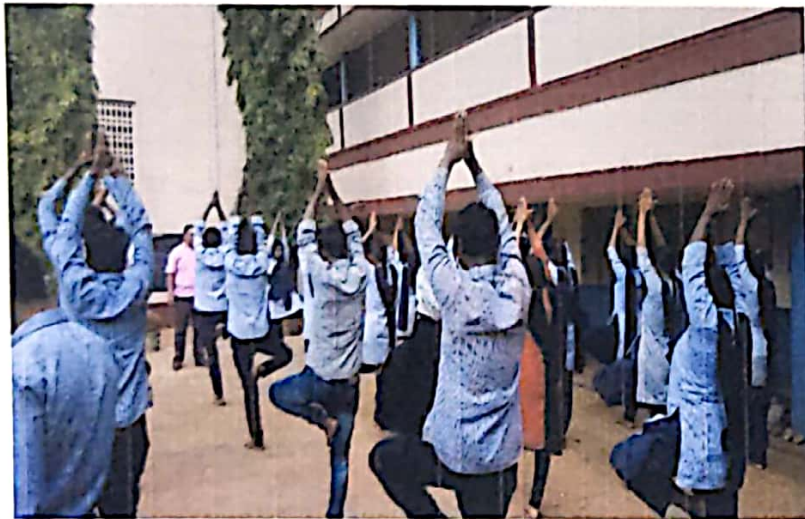


BUDDA, BASAVA AMBEDKAR FORUM





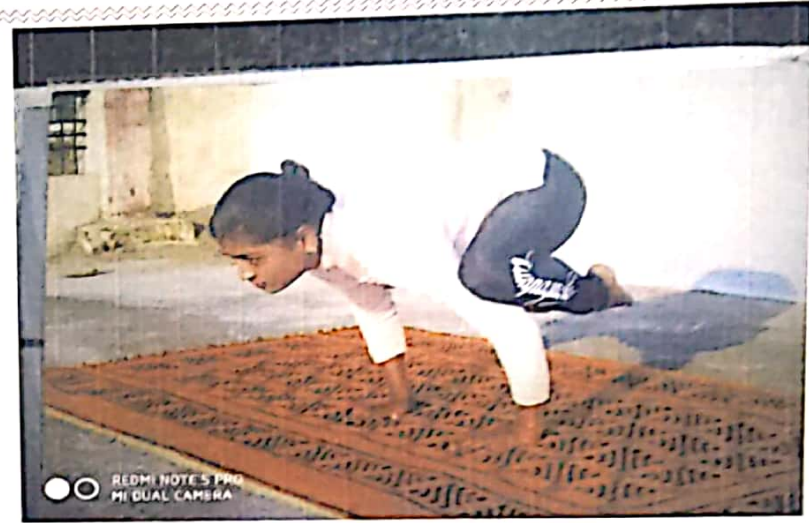
YOGA AND MEDITATION CLASSES





STUDENTS PARTICIPATING IN INTERNATIONAL YOGA DAY AT GOVT DEGREE COLLEGE, KALABURAGI





SAVITRI PATIL 2010 BATCH STUDENT RECEIVING AWARD FROM SRI. RAVISHANKAR GURUJI FOR HER WONDERFUL PERFORMANCE IN YOGA

